

Community Resources

[Domestic Violence](#) [Early Childhood](#) [Emergency Housing](#) [Grief](#) [Immigration](#)

[No-Cost/Low-Cost Programs](#) [Parental Resources](#) [Screen Time & Technology](#)

[Substance Use](#) [Suicide Prevention](#)

Signs of Domestic Violence

- physical, sexual, emotional and verbal threats &/or abuse
- extreme jealousy
- putting you down
- preventing you from spending time with friends/family
- insulting, demeaning, intimidating or shaming you
- controlling finances
- pressuring you to have sex, use drugs, or alcohol
- monitoring computer/internet usage

Getting Help

- Call 911
- National DV Hotline: 1.800.799.SAFE (7233)
- Text "START" to 88788
- Chat live with an advocate at thehotline.org
- National Sexual Assault Hotline: 1.800.656.4673
- Maricopa County Shelter Line: 480.890.3039
- ACESDV: 602.279.2900
- AZ Point.com for an Order of Protection

Resources

- AZ Coalition to End Sexual and Domestic Violence (ACESDV)
- myPlan App- Safety Planning
- Phoenix Family Advocacy Center @ 2120 N. Central Ave, Suite 250 Phoenix, AZ
- Mesa Center Against Family Violence @ 130 N. Robson Mesa, AZ

[Skip To Main Content](#)

- Scottsdale Family Advocacy Center @ 10225 E. Via Linda Scottsdale, AZ
- Glendale Family Advocacy Center @ 4600 W. Glendale Ave Glendale, AZ
- Winged Hope Family Advocacy Foundation @ 929 N. Val Vista Dr. Gilbert, AZ

DISTRICT RESOURCE GUIDES

DISTRICT RESOURCE GUIDE (ENGLISH)

[\(/fs/resource-](#)

[manager/view/ccb0ae1d-86d2-4078-9119-d2ebd1ac15dd\)](#)

DISTRICT RESOURCE GUIDE (SPANISH)

[\(/fs/resource-](#)

[manager/view/516140ea-ba9b-47e8-b757-7343a29ebf93\)](#)

INFINITE CAMPUS 'HOW TO' FOR PARENTS & GUARDIANS

HOW TO ACCESS ACADEMIC PLAN

[\(/fs/resource-manager/view/789deb32-](#)

[b2b7-496e-94eb-081378702ed8\)](#)

HOW TO ACCESS TRANSCRIPT

[\(/fs/resource-manager/view/c88c2a05-8a9f-](#)

[4fda-b8c6-468f4f99bce8\)](#)

NAVIGATING SENSITIVE CONVERSATIONS

Culture Reframed Parents Program

(https://resources.finalsite.net/images/v1731353847/cusd80com/kgdl0uxqffopdryzdiwa/CR_Pornogr

Culture Reframed Compose Yourself

(<https://resources.finalsite.net/images/v1753459780/cusd80com/yfzdarsjk0nqdgrml5tr/CR-Compose-Yourself-1-10-2019.pdf>)

LOCAL PARTNERS

— AZCEND

AZCEND (<https://azcend.org/>)

Changing lives by nourishing minds and bodies to create a connected, thriving community.

+ Chandler CARE Center

Chandler CARE Center (/fs/pages/7123)

Established in 1995, the Chandler CARE Center is a school-based family resource center providing access to medical, dental, counseling, and social services. Most services are free of charge to families thanks to the many funders, professionals, and service organizations contributing financially and volunteering their services

+ Community Bridges Inc.

Community Bridges Inc

(<https://communitybridgesinc.org/regions/arizona/>)

Community resource center located on the campus of Andersen Jr. High School where families can receive food assistance, hygiene kits, sports programming, mentorship, parent/guardian education opportunities, and behavioral health services provided by Liv Well.

+ LivWell Foundation

LivWell Foundation (<https://www.livwellfoundation.org/>)

Community resource center located on the campus of Andersen Jr. High School where families can receive food assistance, hygiene kits, sports programming, mentorship, parent/guardian education opportunities, and behavioral health services provided by Liv Well.

+ ICAN

ICAN (<http://icanaz.org/>)

ICAN is a free, family-centered youth service in the East Valley providing a full complement of programs proven effective in equipping youth to achieve personal and academic success by tackling substance abuse, gang involvement and juvenile delinquency.

+ Jewish Family & Children's Services

Jewish Family & Children's Services (<https://www.jfcsaz.org/>)

CUSD school-based mental health professionals (counselor, social worker, or psychologist) can make a referral to Jewish Family & Children's Services for students and families to access a number of supports. These include counseling, outpatient mental health, integrated health, and child welfare services.

+ Cranes for Change

Cranes for Change (<https://cranesforchange.org/>) provides individual direct counseling sessions supports to identified CUSD schools

+ Resilient Health

Resilient Health (<https://www.resilienthealthaz.org/>)

CUSD school-based mental health professionals can make a referral to Resilient Health for behavioral, mental, and physical health services.

+ Southwest Behavioral & Health Services

Southwest Behavioral & Health Services (<https://www.sbhservices.org/>)

Southwest Behavioral & Health Services provides direct counseling supports to identified CUSD schools.
